### Dr. Mona Haug

7 steps to successfully achieve goals

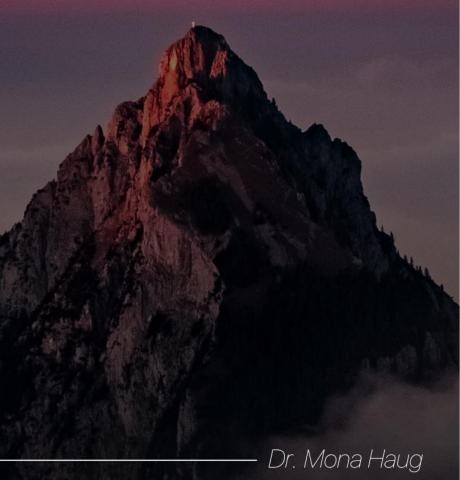
The presentation was created in collaboration with AuxiliemDesign.

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## GOAL SETTING .

7 steps, to successfully achieve goals:

- 1. Vision
- 2. Target Formulation
- 3. Partial Goals
- 4. Alliances and Network
- 5. Planning and Agility
- 6. Reality Check
- 7. Celebrate Achievments



## 1. VISION

Your vision should be big,
 beautiful and crazy

Imagine you have already reached the goal

Hear, feel and see it

# 2. TARGET FORMULATION -

- Write down your goals
- Are your goals SMART: Specific Measurable
   Attractive

Reachable

Timely

Align your goals with your vision

## 3. PARTIAL GOALS

- Break your big goal
   down into sub-goals
- Get a general overview using for example Gantt Chart
- Break it down in time:
   year / month / day



# 4. ALLIANCES AND NETWORK

• Who do you need specific support from?

• Who could benefit from your project and will therefore support you?

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# 5. PLANNING AND AGILITY

- Successful people think from the end:
   What will you have achieved in the end?
- Get an overview and determine the next steps.
- What went well? What went less well?

# 6. REALITY CHECK Check your focus Check your budget Check your time schedule Are you still on track? Dr. Mona Haug



### **VISION WORK**

Successful people think from the end:

- 1. What did you hear / feel / see at your goal?
- 2. Who is standing next to you celebrating your success?

# Auxiliem Design



#### Our mission...

is to empower companies to face the challenges of the future in terms of representation in the Internet.

We are two students from Hamburg who have started their own business.

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## THANK YOU!

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7 steps to successfully achieve goals

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