

Fakultät für Geistes- und Sozialwissenschaften

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I have worked with Mona Haug in a research project in 2012 where the focus was on the researching of mental impact processes regarding coaching.

Mrs Haug had already offered to participate as research participant. On this basis I carried out three coaching sessions with Mrs Haug as client. The objective of the coaching was the solving of a complex business challenge that Mrs Haug was facing and wanted to use coaching for that reason.

Within the framework of the arranged coaching sessions I have had deeper insights into the personality of Mrs Haug, her problem solving skills and her personal stamina. With regard to the insights I have gained I have noticed that Mrs Haug is an exceptionally quick learner. She is easily able to understand and organize highly complex contexts and develops solution perspectives based on that. Furthermore, it became obvious that Mrs Haug possesses the ability to put her new insights with lots of energy and endurance into practice.

Therefore, I assume that Mrs Haug will manage the intellectual challenges of a PhD research study without problems and that she has the necessary stamina for such a project.

H. frig C

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